

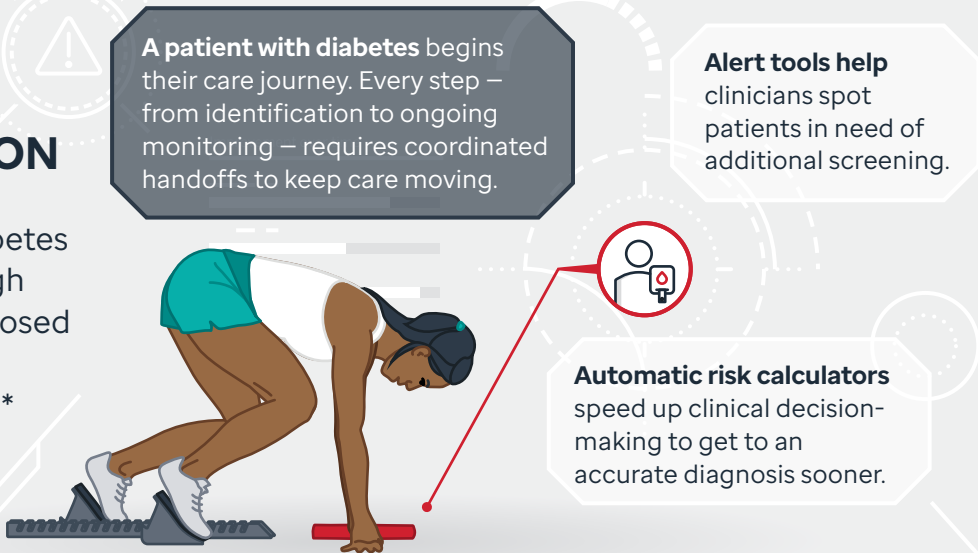
PRECISION IN MOTION

How digital tools support diabetes care providers

Digital tools promise to transform diabetes care, but success hinges on the tools fitting into the diabetes workflow as it transitions between clinicians across the care journey. These teams of clinicians must navigate handoffs, hurdles, and sprints to ensure strong patient outcomes. This infographic shows how the right tools, used at the right time, keep the baton moving and help teams – and their patients – cross the finish line with strong clinical outcomes.

STARTING LINE PATIENT IDENTIFICATION

Early detection of diabetes is critical, given the high proportion of undiagnosed cases and the growing global disease burden.*

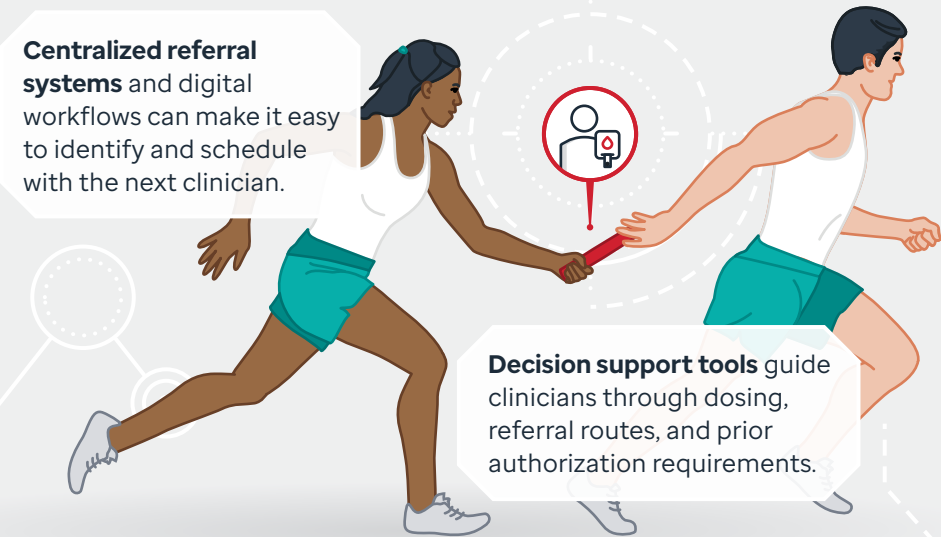


PATIENT IDENTIFICATION TOOLS

- Epic best practice alerts** flag screening opportunities for diabetes and relevant comorbidities like obesity.
- EMR integrated risk scores** replace manual inputs for cardiometabolic risk assessment and speed up clinical decision making.
- Automated Fib4 and BMI calculators** calculate comorbidity risk instantly without manual data entry.
- Pre-visit questionnaires** gather essential patient history before the visit to streamline screening.

PASSING THE BATON REFERRALS

Smooth referrals between specialists and primary care clinicians can help patients transition quickly and accurately to the next phase of care without losing momentum.

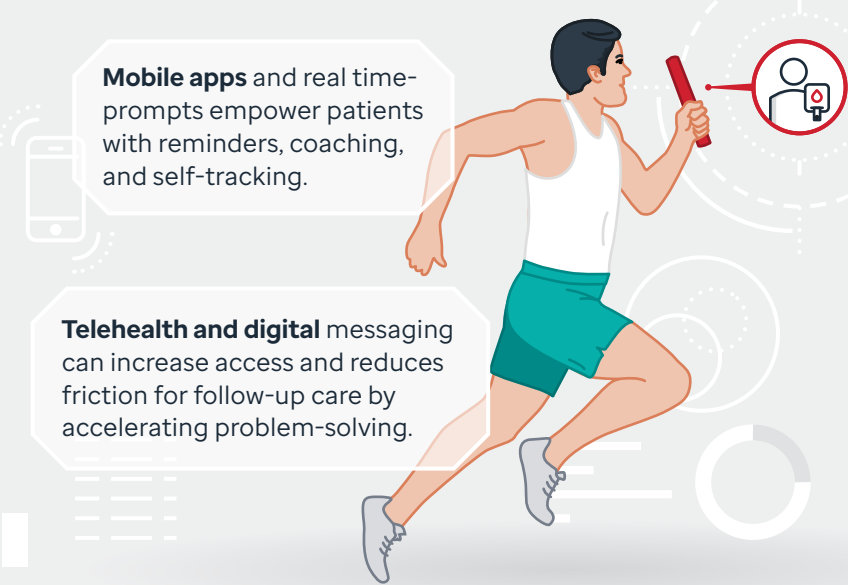


REFERRAL TOOLS

- Centralized obesity care referral systems** efficiently refer patients to endocrinology, cardiology, or bariatrics.
- Epic/MyChart patient scheduling tool** automatically prompts patients to schedule a visit with the referred clinician right after a referral order is placed.
- Epic smart forms, dot phrases, and prior authorization integrations** automate prior authorization steps and streamline submissions to minimize documentation delays, reduce denials and speed up access to therapy.

SPRINT TO THE FINISH PATIENT COMMUNICATION AND COACHING

Patient-facing digital tools keep patients moving toward the finish line, supporting adherence, engagement, and long-term success.



PATIENT COMMUNICATION TOOLS

- BariTastic app** offers reminders, lifestyle coaching, and tracking tools for obesity management.
- MyChart/Epic patient portal** enables secure messaging and reduces phone tag delays.
- Telehealth platforms**, like Doximity video chat, improve access and convenience for patients who need virtual care.
- Automated refill and appointment reminders** keep patients accountable and on track.

HURDLES

While many tools support the care journey, providers should avoid onboarding tools that don't fit into their workflow. These tools hinder, rather than support, patient care.



Tools outside the EMR

Clinicians report rarely using tools not integrated into the EMR and that having to open another portal takes time away from patient care responsibilities.



Tools requiring manual data entry

Digital tools that require manual data entry from the physician are likely to cause delays or be overlooked.



Tools with exorbitant alerts

Tools that send too many notifications can cause alert fatigue, which leads both clinicians and patients to skip or ignore important information.

AT THE MEDAL CEREMONY WINNING THE RACE



High-performance diabetes care depends on integrating the right tools at the right moments to get a strong start, maintain momentum and ultimately improve outcomes. Digital tools work best when they are simple, embedded, and intuitive. Selecting the right tools can help care teams avoid stumbles and stay on pace.

* Hossain MJ, et al. Diabetes mellitus, the fastest growing global public health concern: Early detection should be focused. *Health Science Reports*. March 22, 2024.