Standardized Checklist Supports PCP Providing Post-Discharge Care

Intermountain's 7-Day PCP Follow-Up Checklist for HF Patients

7 Day Follow-Up Guide			Patient Education:		
☐ Heart failure with reduced ejection fraction					
☐ Heart failure with preserved ejection fraction			MAWDS provided in hospital?	□Yes	□No
			Did the patient bring their self-care diary?	□Yes	□No
Etiology of Heart Failure:			Daily weight and BP?	□Yes	□No
CAD/MI, Valvular, Electrical Abnormalities, (A fib), Kidney Disease, Pulmonary HTN, OSA/Hypoxia, Illicit Drug Use, Drug Induced (Adriamycin), etc.			Following sodium restriction (2 gram)?	□Yes	□No
			Following fluid restriction (2L)?	□Yes	□No
Weight: Discharge Weight Today's Weight			Does the patient know when to call provider for change in symptoms?	□Yes	□No
Sitting BP and HR: Standing BP and HR: Heart Failure Specific Questions:					
NYHA class I-IV			neart railure specific questions.		
Lab Review BNP/CMP			DOE/SOB	□Yes	□No
Lab Noview BINI / OWI			Orthopnea	□Yes	□No
Review Medications:			PND	□Yes	□No
Neview medications.			Edema	□Yes	□No
Medication Adherence	□Yes	□No	Chest pain/pressure	□Yes	□No
Understanding of dosing instructions and why they are taking it?	□Yes	□No	Palpitations	□Yes	□No
Afford Medications?	□Yes	□No	Bloating	□Yes	□No
Any medications that can be DC'd?	□Yes	□No	Nausea/decreased appetite	□Yes	□No
Any medications that can be be u:	□163		Lightheadedness	□Yes	□No
				□Yes	□No
			Syncope		
			Activity Tolerance	□Yes	□No
			Completion of Physical Exam: Lung Sounds, Heart Sounds/Gallup, Jugular Venous Distension, Edema		